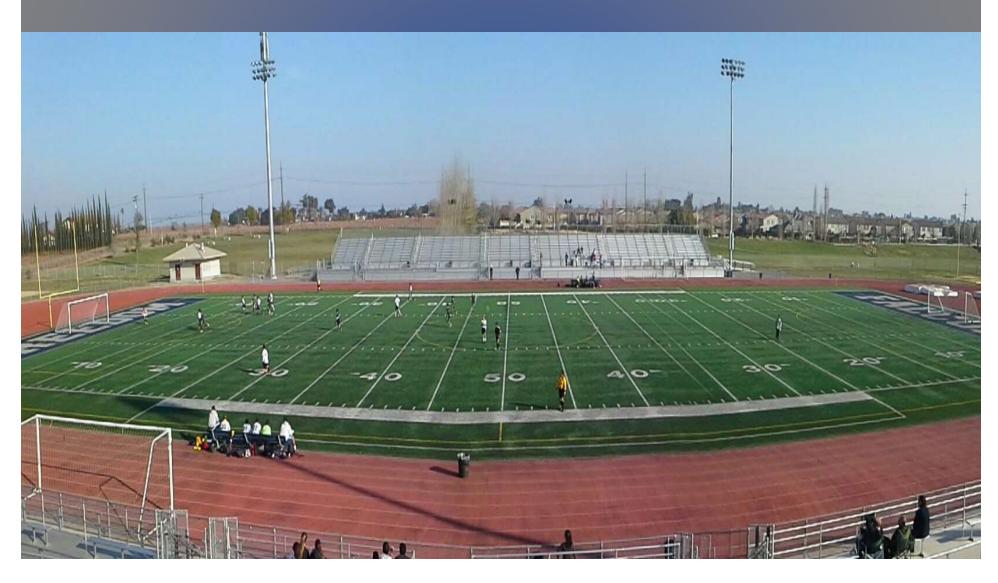


#### FREEDOM HIGH SCHOOL

Boys Soccer 2019-20

# Welcome FHS Boys Soccer Parents!



#### **Introductions**

Varsity Head Coach: Sal Acevedo

Varsity Assistant Coach: Matt Kendall

JV Head Coach: Oscar Inclan

Frosh/Soph Head Coach: Joel Lopez

Goalkeeper Coach: Victor Bañuelos

**Athletic Director: Sandra Torres** 

Principal: Kelly Manke

## **Team Philosophy**

"Maximize potential of our student athletes and have fun."

"For players to have a memorable soccer experience in a positive learning environment."

## **Athlete Code of Conduct**

#### I Agree To...

1. Attend every practice, match and meeting, unless I inform the coach in advance of my absence.

Attendance to practices, matches and meetings is mandatory!

- a) One unexcused absence may result in a minimum one game suspension.
- b) Two unexcused absences will result in a minimum one game suspension.
- c) Three unexcused absences will result in suspension or dismissal from the team.

(Excused absences may include a family emergency or serious illness. Prior notification for some absences, such as vacation, may be arranged with the coach.)

- 2. Give support and show respect to teammates, opponents, parents, coaches and referees.
- 3. Emphasize academics over athletics.

Academic class attendance:

- a) Student/Athlete must be on time and attend classes daily.
- b) Cutting class is a full game suspension. Second offense, will result in removal from team.
- c) Excessive tardiness may be cause for game suspension.

4. Express myself respectfully and appropriately.
Discipline Issues:
a) First offense may result in one game suspension. If first discipline issue is of severe nature, immediate removal from the team may occur.
b) Second offense may result in removal from team.
5. Work hard in practices and during games and always express discipline, commitment and dedication.
6. Practice sportsmanship at all times.
"Winners don't brag and losers don't make excuses."
7. Strive to be a positive influence in the way I talk and listen to my teammates, parents, coaches and referees.
8. Refrain from being under the influence of alcohol and/or drugs at all times on and off school campus.
9. Avoid posting inappropriate information on social media networks, such as derogatory language, incriminating photos and disrespectful comments.
Online social media network sites are NOT a place where you can say and do whatever you want without repercussions.

## **Social Media**

- Please be aware of what your son is posting on social media.
- Facebook, Instagram, Twitter, Snapchat, etc.
- You NEVER know who is watching! (College Coaches?)
- There could be very serious consequences.

#### **Parent Code of Conduct**

#### I Agree To...

- 1. Accompany my son to as many informational meetings as possible.
- 2. Accept the authority of the coach to determine strategy and player selection
- 3. Avoid the use of tobacco and refrain from being under the influence of alcohol and/or drugs during practices, contests or any events.
- 4. Help my son follow the Athlete Code of Conduct, team Philosophy and Rules.
- 5. Encourage my son during matches and leave the coaching to the coach.
- 6. Ensure that my son attend all scheduled meetings, practices and contests. If my son is not able to make a scheduled meeting, practice or contest, they will be responsible for contacting the coach in advance.
- 7. Provide only supportive comments to coaches, officials, and players of all teams.
- 8. Show enthusiasm, interest and support for our son.
- 9. Work closely with all program personnel to guarantee academic as well as athletic experiences for my son as a student-athlete.
- 10. Abide by the "24 Hour Rule" A parent may not speak with a coach until 24 hours after or before a match.

## **Coach Code of Conduct**

#### I Agree To...

- 1. Exercise model sportsmanship 100% on and off the field.
- 2. Speak with parents about their athletes whenever it is mutually convenient.
- 3. Respect my athletes as individuals and lead by example.
- 4. Encourage my athletes to have a winning attitude through perseverance and hard work.
- 5. Keep up-to-date on coaching strategies and advancements.
- 6. Help each athlete realize his/her full potential.
- 7. Place school and family matters above all other activities.
- 8. Recognize performance as more important than winning or losing.
- 9. Develop leadership skills with all my athletes.
- 10. Enforce the school and athlete rules & regulations and team philosophy.

## **Practice / Game Schedules**

Varsity 6-8 pm, JV 7:15-9pm, Frosh/Soph 7-9pm

Some Saturday's

GK Training – Friday's 4:30 (depending on field availability)

Game schedules (JV-4, Var-6) posted on MaxPreps. Link on Freedom page.

Practice times may include: field training, conditioning, weight training, team building activities, video analysis, team meetings, community service, etc.

Practices subject to change.

#### **Tournaments**

Tri-Valley Challenge (Varsity, JV & Frosh/Soph)

Freedom hosts tournament matches.

Great pre-season competition.

Mostly Division I EBAL schools.

Likely to face these teams in NCS Playoffs.

## **Academics (Eligibility)**

- Players not eligible to play:
- Below 2.0 GPA / For Varsity: Below 2.5
- 2 F's while taking less than 8 classes
- Players eligible for probation:
- >At least 1.75 GPA
- No more than one F
- Available once per year for only 1 program (team sports, prom, etc.)

Academic Support Program – Mandatory for players struggling with grades (below 2.5). Will consist of tutoring classes after school (1 hour), providing progress report cards, communicating with teachers.

- Varsity: Study Hall (1-2 days per week)
- Students may or may not be allowed to train with team if not eligible to play (depending on GPA).

## **Transportation**

- No buses provided for games
- Parent driver volunteers needed!!!
- Parent Driver form & Athlete Transportation Parent Approval form available on Freedom HS website (Boys Soccer)
- Players can ONLY drive themselves to league games within the District. Players CANNOT drive other players to games.

#### **Home Games Gate Fees**

- Varsity & JV games only
- General admission \$5
- Senior citizens and students with I.D. \$3
- 1 free admission for parents who complete NFHS Parent Course – "The Role of the Parent in Sports" (nfhslearn.com) – Bring certificate to gate! One time use!
- Parent drivers (for away games) may be eligible to attend home games free!

## **Fundraising**

- Snap Raise
- Freedom HS Athletic Director "Donation Letter"
- Freedom HS Athletics Annual Golf Tournament (each sports team provides 1 foursome, prizes)
- Ideas for Fundraising Please inform team managers
- Fundraising to cover costs for uniforms, tournaments, equipment, etc.

- Community Service Day
- Campus Clean-up Day
- Falcon Family Day
- Career Day
- College Day

## **Boys Soccer Page (FHS Website)**

- Announcements
- Coaches contact information
- Game Schedule, Rosters, Stats (MaxPreps link)
- Team Philosophy, Code of Conduct
- Team Rules
- This Presentation
- All boys soccer program related documents

## Maxprepreps.com



Schedule

Results

Standings

Player & Team Stats

**Previous Seasons** 

Team Records

Maps

**Articles** 

Pictures, Videos

Create user log-in (to participate, upload pics, videos)

## **Meeting With A Coach**

- Coaches are available to speak with parents to discuss concerns and/or suggestions.
- Please contact the coach in advance to set up an appropriate time to talk.
- 24 Hour Rule (after game)
- All coaches contact information is on Freedom HS website under Boys Soccer.

**2019 BVAL Champions** 

2019 NCS Qualifiers

2018 NCS Qualifiers

2017 Tri-Valley Champions Challenge Runner-Up

**2017 BVAL Undefeated Champions** 

2017 NCS Semifinalists

2016 NCS Qualifiers

2015 NCS Semifinalists

2014 NCS Qualifiers

**2014 Winter Classic Champions** 

2013 NCS Semifinalists

# Questions?



#### **THANK YOU**

# GO FALCONS



WORK HARD! PLAY HARD!